

# ILSI SOUTH ANDEAN 2010

## 2010 ACTIVITIES

### MEETINGS

#### MEETING WITH DR. MICHAEL KNOWLES, PRESIDENT OF ILSI (APRIL, 2010)

Participants: ILSI South Andean members, academia and representatives from Ministry of Health and OPS.  
Dr. Knowles spoke about the activities being undertaken by different branches of ILSI in the world.



#### PARTICIPATION IN THE 32 SESSION OF THE CODEX COMMITTEE ON NUTRITION AND FOODS FOR SPECIAL DIETARY USES, SANTIAGO, CHILE, 1 - 5 NOVEMBER

ILSI was represented by:

- Mrs. Viviana Aranda, ILSI South Andean, Delegation Head
- Ms. Elvia Aguilar, ILSI Mexico
- Mrs. Andrea Torres, ILSI South Andean
- Ms. Jocelyne Leitchnam, ILSI South Andean
- Mr. Kazuyoshi Nanba, ILSI Japan
- Ms. Shereya Pandey, ILSI India
- Ms. María Rosa Rabanal, ILSI South Andean
- Dr. Kazuo Sueki, ILSI Japan
- Dr. Hiroshi Tsuchita, ILSI Japan
- Dr. Yoichiro Umeki, ILSI Japan

The ceremony was opened by the Minister of Health of Chile Dr. Jaime Mañalic. The chair of the CCNFSDU meeting was Dr. Pia Noble and the Co-chair was Dr. Lorena Rodriguez.



#### PARTICIPATION OF CHILE IN THE 17° CODEX COORDINATING COMMITTEE FOR LATIN AMERICA AND THE CARIBBEAN, ACAPULCO, MEXICO, 8 - 12 NOVEMBER.

- The delegation was represented by:
- Mrs. Claudia Carbonel, Delegation Head, Foreign Ministry
  - Dr. Jaime Cornejo; Ministry of Health
  - Mrs. Enequina Lucas, Public Health Institute
  - Mrs. Viviana Aranda; ILSI South Andean



### SEMINARS

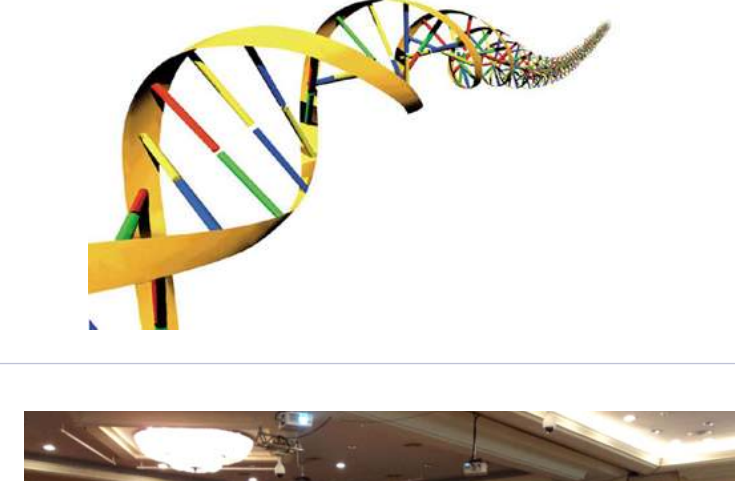
#### Seminar: "Non - Caloric Sweeteners and Reduced in Calories", June 4

Share scientific information about new non-calorie sweeteners approved in the current Health Food Regulation and discuss the safety of all sweeteners.



#### Seminar: "Transgenic Food Safety, a social projection of Biotechnology", July 13

Publicize the safety of genetically modified foods.



#### Seminar: "Daily Reference Values of Nutrients and Micronutrients". October 29, PreCodexMeeting.

Outcomes: reach a consensus on the homologation in order to present it to each corresponding regulatory authority in Latin America.



### PUBLICATIONS

Title of Publication	Journal Name	Authors
Nutrition and profile of School Children from different socio economic levels from Santiago, Chile	Public Health Nutrition, 2010 Jun. 29:1-8	Liberona J., Castillo O., Engler V., Villarroel L., Rozowski J.

### OTHER ACTIVITIES

- Newsletter Digital publication each 4 months
- Participation in the National Commission of CODEX Chile and Subcommittees: Biotechnology, Additives, Labelling and Special Dietary
- Meetings with ACHIPIA (Chilean Agency for the Food Safety), OPS and FAO.

### PROJECTS

#### "WELLNESS SCHOOL" PROJECT

The main goal of the project is to reduce the prevalence of obesity in schoolchildren by means of an intervention program in 7 municipal district schools of Santiago, Chile, through a nutritional intervention and increased physical activity and education on healthy life style

This is a five year project and this is the last year.



#### Activity Undertaken during 2010

Measurement of physical capacity in students after the end of the intervention  
Walking test of 6 minutes, test of flexibility

Evaluation of the class of physical education

Determination of food intake in children

#### Specific Outputs

Aerobic capacity of children related to their nutritional classification. Changes with flexibility related to their nutritional classification and aerobic capacity

Class observation to establish efficiency of the physical education class. Number of minutes that the students are performing vigorous physical activity. Use of materials by the teacher.

Food frequency questionnaire applied to all children. Measurement of: Calories, macronutrient and micronutrient intake in children, including snacks and comparison to the initiation of the intervention and comparison with control group

#### Outcomes

An improvement of aerobic capacity and flexibility in children with the stabilization or decrease of Body Mass Index

Improvement in the efficiency of the physical activity class and better use of materials in the class

An improvement in the diet of intervened children , a diminution of intake of salty and sweetened snacks



#### ILSI LATIN AMERICAN PROJECT

Objective: To review reference values for energy content and nutrients as shown on the labels of food products for the general population in Latin American countries.

The purpose is to investigate existing differences, the grounds for such differences and to propose an analysis to reach common harmonization guidelines for labelled products in the LA region.

#### Benefits that this project could offer:

- 1- Importance in the education of Latin American population regarding nutrition labeling
- 2- Facilitate food approval by regulatory agencies
- 3- To facilitate the comparison between the contents of food in Latin America to estimate the contribution of food in consumer health
- 4- Establish values that are in accordance with the needs of the populations of Latin America
- 5- Facilitate the commercialization of the same food or product in different countries within Latin America

#### BOARD OF DIRECTORS

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Additives & Labelling  
Nutrition and Obesity

#### COORDINATOR

Dr. Mariane Lutz  
Mrs. Valeria Martínez  
Mrs. M<sup>a</sup> Rosa Rabanal  
Dr. Jaime Rozowski  
Mrs. Viviana Aranda

#### LA BRANCH PROJECT

Professor Lilia Masson



#### ILSI SOUTH-ANDEAN

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