

ILSI Japan 30th Anniversary: The 6th International Conference on 'Nutrition and Aging' 'Advanced Aging and Wellness – From Food Supply to Dietary Habits'

ILSI Japan 30 th Anniversary: The 6 th International Conference on 'Nutrition and Aging' (Advanced Aging and Wellness - From Food Supply to Dietary Habits)		
Wednesday, September 28	9:30-10:00	REGISTRATION
9:00-9:45	OPENING REMARKS	Dr. Shuzhi Kimura (ILSI Japan)
Topic for an Aging Society		
9:10-10:40	-Aging in Place- Living in a Familiar Place and Style	Chair: Dr. Minoru Kunitake Dr. Hiroko Miyajima (Institute of Gerontology of The University of Tokyo)
10:40-11:20	Food Demand, Present and Future Topics	Dr. Seiji Maehashi (Miyagi University School of Food, Agricultural and Environmental Sciences, Food Business Department, International Center)
11:25-11:30	Q & A	
11:35-11:40	Coffee Break	
Session I Food Selection - What to Choose and When to Eat?		
11:40-12:20	Food Selection	Chair: TBD
12:20-13:00	Nutritional Rhythms	Dr. Hiroaki Oda (Nagoya University Graduate School)
13:00-13:10	Q & A	
13:15-14:20	Lunch and Poster Presentation	
The 30 th Anniversary of ILSI Japan Special Lecture		
14:25-14:50		Dr. Shuzhi Kimura (ILSI Japan)
Session II Food Culture and the Structure of Disease		
14:50-15:30	Europe (The Mediterranean Diet)	Chair: TBD
15:30-16:10	Japanese Food related presentation	TBD
16:10-16:50	China	Dr. Riyaj Yamaguchi (Ajinomoto Co., Inc.)
16:50-17:30	Food Culture of Turkey and other countries	TBD
17:30-17:40	Q & A	Dr. Misao Kumagai (Kumagatai, Carot University, Asian Studies Institute)
17:40-19:00	Reception	

The University of Tokyo - ILSI Japan Endowed Chair of Functional Food Science and Nutrigenomics (Nutrition and Anti-Aging - Genomic Validation)		
Thursday, September 29	9:00-9:20	REGISTRATION
Session III The Role of Physical Activity and Nutrition		
9:20-9:40	The Elderly and Dietary Reference Intake	Chair: TBD Dr. Saburo Sasaki (The University of Tokyo Graduate School, School of Public Health)
9:40-10:20	Energy Metabolism	Dr. Klaus Westerterp (Maastricht University Medical Center)
10:20-11:00	Hormone Function	Dr. Tetsuya Iwata (Doshisha University, Faculty of Health and Sports Science)
11:00-11:10	Q & A	
11:15-11:30	Coffee Break	
11:30-12:00	Muscle Activity Levels	Dr. Takashi Fujita (Ibaraki University, College of Sport and Health Science)
12:00-12:40	Current Topics Related to Elderly QOL Levels and Nutrient Intake	Dr. Toshiro Ohno (Fukuoka Pharmaceutical University, Biochemistry Laboratory)
12:40-13:20	Exercise, Energy Protein Intake to Increase Exercise Effectiveness	Dr. Masao Mauro (Hokkaido University, Graduate School of Education)
13:20-13:30	Q & A	
13:35-14:40	Lunch and Poster Presentation	
Session IV Nutrition and the Aging Brain		
14:40-15:20	Brain Aging	Chair: TBD
15:20-16:00	The Quality of Sleep Among the Elderly	Dr. Yoshitaka Uchiyama (Department Head, Osaka University, Osaka Bioscience Institute)
16:00-16:10	Q & A	
16:10-16:20	Coffee Break	
16:20-17:00	Exercise and Brain Fitness	Dr. Heideko Soya (Teikyo University Graduate School of Comprehensive Human Sciences)
17:00-17:40	Maintaining and Restoring Higher Brain Function (Rehabilitation)	Dr. Yoji Masuda (Mitsubishi Center University, Graduate School)
17:40-18:20	Food Preference and Aging	Dr. Gary Beauchamp (Minnel Chemical Sense Center)

The University of Tokyo - ILSI Japan Endowed Chair of Functional Food Science and Nutrigenomics (Nutrition and Anti-Aging - Genomic Validation)		
Friday, September 30	8:30-9:00	REGISTRATION
9:00-9:20	Opening Remarks	Dr. Yukio Aoki (The University of Tokyo, Graduate School)
Session V Anti-Aging and Functional Food Factors		
9:20-9:35	Anti-Aging Factors	Chair: TBD
9:35-9:50	Anti-Diabetes Factors	Yuriko Oda (Fuji Film Holdings Corporation)
9:50-10:05	Fat Metabolism Enhancement Factors	TBD
10:05-10:20	Anti-Stress Factors	Hirokazu Aizawa (Kagome Co., Ltd.)
10:20-10:30	Coffee Break	Aiko Nakamura (T. Hasegawa Co., Ltd.)
Session VI Recommended Mineral Intake, Genomics and the Current Evidence		
10:30-10:45	Phosphorus	
10:45-11:00	Iron	Yoji Nakai (The University of Tokyo)
11:00-11:30	Chinese Strategy	Dan (Zhejiang University of Technology)
11:30-12:00	US Strategy	Tomasa Prohla (Associate Professor, University of Wisconsin)
12:00-13:10	Lunch	
ILSI Japan Research Committee Reports		
13:10-14:40	Introduction to QR, Ring Test Results, etc	Chair: TBD (Carbohydrate Task Force)
14:40-15:10	Evaluating Mental Function	(Food Function Research Committee)
15:10-15:20	Coffee Break	
15:20-16:20	Contributors to Enhanced Nutrition	(Biotechnology Research Committee)
16:20-18:20	TBD	(Food Safety Research Committee)
18:20-18:30	Closing Remarks	

2011



2007

The 5th International Conference on 'Nutrition and Aging' & Satellite Symposium
October 31 - November 2, 2007 (Tokyo, Japan)
'Nutritional Problems by Life Stages'

- Session I Risk of Life-Style-Related Diseases and Characteristic Nutrition by Life Stage
- Session II Fetal Nutrition and Risk of Life-style Related Diseases
- Session III The Role of Exercise and Nutrition Maintenance of QOL in People of Advanced Age
- Satellite Symposium by ILSI-Japan and IGAA



The 4th International Conference on 'Nutrition and Aging'
November 19-20, 2003 (Tokyo, Japan)
'Science for Health Promotion'

- Session I Progress Report on Health Promotion Programs around the World
- Session II Lifestyle Diseases and Health Promotion Programs
- Session III Health Improvement by Nutrition Control
- Session IV Application of Nutrigenomics to Health Promotion



2003

The Third International Conference on 'Nutrition and Aging'
September 21-22, 1999 (Tokyo, Japan)
'Longevity and Dietary Life'

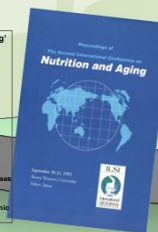
- Session I Changing Physical Functions in Aging
- Session II Changing Trends in Dietary Habits in Aging Process
- Session III Prevention of Chronic Diseases Through Eating Habits and Physical Activity
- Session IV Considerations of Health Claims in Each Country



1999

The Second International Conference on 'Nutrition and Aging'
September 20-22, 1995 (Tokyo, Japan)
'Aging and Nutrition'

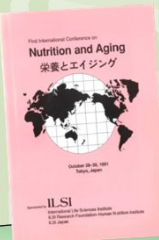
- (1) Effects of Nutrition on Physiological Changes Associated with Aging
- Session I Changes in the Function of Digestive Organs
- Session II Interaction Between Nutrition and Age-Related Physiological Changes
- Session III Changes in Eating Behavior, Appetite, and Food Preference with Aging
- Session IV Aging and Nutritional Requirements
- Session V Present Nutritional Status from Epidemiological Surveys
- Session VI Present Nutritional Status of the Elderly in Asia
- (2) Development of Food, Eating Habits and Prevention of Chronic Diseases for the Society
- Session VII Development of Food for the Elderly
- Session VIII Panel Discussion / Eating Habits and Prevention of Chronic Diseases



1995

The First International Conference on 'Nutrition and Aging'
October 28 - 30, 1991 (Tokyo, Japan)

- Session I The Secret to Longevity - A Japanese Perspective
- Session II Immune System and Nutrition in the Aging Process
- Session III Gastrointestinal Tract and Nutrition in the Aging Process
- Session IV Skeletal Tissue and Nutrition in the Aging Process
- Session V Cardiovascular System and Nutrition in the Aging Process
- Session VI Central Nervous System and Nutrition in the Aging Process
- Session VII Various Important Aspects of Eating
- Session VIII Nutritional Requirements for the Elderly
- Session IX How can Food-related Industries Respond to the Nutritional Needs of the Elderly?



1991

