

Development of micronutrient requirements – the EURRECA experience.

Background

Currently there is no standard approach for deriving micronutrient recommendations and large differences exist both across Europe. Harmonization is needed to improve nutrition policy and public health strategies. The aim of the EURRECA Network of Excellence is to develop a harmonised methodology to set micronutrient requirements.

Results

The work of EURRECA has resulted in the development of a generic scheme (see figure below), consisting in 8 steps, which aims to facilitate the scientific alignment of micronutrient requirements.

