

## PAYMENT

An invoice will be sent to all participants after registration. Registrations are not final until payment has been received.

Payment in Euros of the registration fee and cover for accompanying guest for the social dinner should be made **before 31 August 2011** by credit card via the following website:

<http://www.ilsieurope.org/Europe/Pages/FFSympo2011Registration.aspx>

All cancellations must be made in writing. **Cancellations received before 31 August 2011** will be refunded minus 20% handling charges. **After 31 August 2011**, no fee will be refunded but delegate substitution can be requested in writing to the Symposium Secretariat at: [ffsympo@ilsieurope.be](mailto:ffsympo@ilsieurope.be)

## SOCIAL EVENTS AND ACCOMPANYING GUEST

A symposium social dinner will be held on 6 October 2011 at 20.00 in the Grand Ballroom of the Hilton Prague. Accompanying guests not registered for the symposium can attend the dinner paying a fee of 85 €, by credit card via the above mentioned website.

## VENUE AND ACCOMMODATION

The symposium will be held at:  
**Hilton Prague Hotel**  
 Pobrezni 1  
 CZ-186 00 Prague  
 Czech Republic  
 Tel: 420-2-2484-1111  
 Fax: 420-2-2484-2378  
[www.prague.hilton.com](http://www.prague.hilton.com)

A number of rooms have been pre-booked at special rates in the Hilton Prague as well as the following hotels that are at walking distance from the Hilton:

**Century Praha Old Town \*\*\*\***  
 Na Porici 7, CZ-11 000 Prague 1  
 Tel: +420-2-2180 0800  
 Fax: +420-2-2180 0801  
<http://www.accorhotels.com/>

**IBIS Praha Old Town \*\*\***  
 Na Porici 5, CZ-11 000 Prague 1  
 Tel: +420-2-6600 0999  
 Fax: +420-2-6600 0660  
<http://www.accorhotels.com/>

### Hotels

*Rates include buffet breakfast and 10% VAT*

|                                   | Single room          | Double room          |
|-----------------------------------|----------------------|----------------------|
| <b>Hilton Prague</b>              | 3575 CZK<br>(±145 €) | 4015 CZK<br>(±160 €) |
| <b>Hotel Century Old Town</b>     | 110 €                | 110 €                |
| <b>Hotel IBIS Prague Old Town</b> | 85 €                 | 85 €                 |

## IMPORTANT DATES

**31 May 2011**  
 Deadline for abstract submission for poster sessions

**31 July 2011**  
 Deadline early registration

**31 September 2011**  
 Deadline final registration/payment

**3 September 2011**  
 Deadline for hotel booking / hotel cancellation in Century Praha Old Town and IBIS Praha Old Town

**5 September 2011**  
 Deadline for hotel booking / hotel cancellation in Hilton Prague

Information about Prague, hotel and transportation facilities can be found on the event's webpage. Information on Prague can also be found on the website of the Prague Tourism Authority: <http://www.visitprague.cz/en/>

For further information please contact:  
 ILSI Europe a.i.s.b.l.  
 Avenue E. Mounier 83, Box 6  
 B-1200 Brussels  
 Belgium  
 Tel +32 2 771 00 14  
 Fax +32 2 762 00 44  
 E-mail: [ffsympo@ilsieurope.be](mailto:ffsympo@ilsieurope.be)

### Contacts:

**Scientific programme:**  
 Stéphane Vidry, Senior Scientific Project Manager  
[svidry@ilsieurope.be](mailto:svidry@ilsieurope.be)

**Registration and venue:**  
 Ruth Marquet, Conference & Membership Development Manager  
[rmarquet@ilsieurope.be](mailto:rmarquet@ilsieurope.be)

**Additional information about the Functional Foods Symposium is also available on:**  
<http://www.ilsieurope.org/Europe/Pages/FunctionalFoodsSymposium2011.aspx>

### Disclaimer

The symposium programme may be subject to changes without prior notice in case of unexpected cancellations.

## FINAL ANNOUNCEMENT

## International Symposium on

# HEALTH BENEFITS OF FOODS – FROM EMERGING SCIENCE TO INNOVATIVE PRODUCTS



Prague, Czech Republic – 5-7 October 2011

Organised by The International Life Sciences Institute – ILSI Europe



**WEDNESDAY 5 OCTOBER 2011**

Registration at 10.30-13.00

Welcome and start of the symposium at 13.00

**SESSION I  
Setting the scene**

What is health and what are health benefits, and what are they not?

John Milner, *National Institutes of Health / National Cancer Institute* (US)

Health economics and how nutrition contributes to it

Jan Van Emelen, *Association Internationale de la Mutualité – AIM* (BE)

Diets, foods and food constituents – Where lies the impact on health?

Arne Astrup, *University of Copenhagen* (DK)

Functional foods with health benefits – Approaches around the globe

E. Siong Tee, *ILSI Southeast Asia Region* (MY)

Evidence for health effects of what we eat: how to integrate findings from intervention and observational studies?

Pieter van 't Veer, *Wageningen University* (NL)

Meta-analyses: how do they help and when can they not?

Lee Hooper, *University of East Anglia* (UK)

Assessing health benefits of diets in general population

Edith Feskens, *Wageningen University* (NL)

**THURSDAY 6 OCTOBER 2011****SESSION II  
Characterisation of food**

Complex foods – Variability and required level of characterisation

Kaisa Poutanen, *VTT Technical Research Centre of Finland & University of Eastern Finland* (FI)

Bioavailability, intake and status of nutrients and bioactive compounds

Aedin Cassidy, *University of East Anglia* (UK)

Interactions and synergies between bioactive compounds

Barry Halliwell, *National University of Singapore* (SG)

Interactions between macronutrients

Alison Lennox, *Medical Research Council* (UK)

**SESSION III  
Markers and endpoints for health benefits**

Markers as substitutes of clinical endpoints

Elizabeth Yetley, *National Institutes of Health – NIH* (retired) (US)

Micronutrients: markers of status to understand functions?

Susan Fairweather-Tait, *University of East Anglia* (UK)

Ranges and plasticity in homeostasis

Michael Müller, *Wageningen University* (NL)

System biology approaches in nutrition and health research

Ben van Ommen, *TNO Quality of Life* (NL)

**SESSION IV  
Targeted nutrition – Testing benefits**

Healthy ageing, inflammation and homeostasis

Claudio Franceschi, *University of Bologna* (IT)

Impact on benefit testing, while targeting specific groups

Tom Sanders, *King's College London* (UK)

Individual variability and nutrigenetics

Anne Minihane, *University of East Anglia* (UK)

Personalised nutrition: science and societal aspects

Hannelore Daniel, *Technical University of Munich* (DE)

**ROUND TABLE DISCUSSION:** What dietary changes are necessary or feasible to bridge the mismatch between previous dietary habits and present-time lifestyles?

Moderator: Jacki Davis, *Meade Davis Communications* (BE)

Roundtable participants:

- Johanna Dwyer, *National Institutes of Health* (US)
- Edith Feskens, *Wageningen University* (NL)
- Susan Fairweather-Tait, *University of East Anglia* (UK)
- Ben van Ommen, *TNO Quality of Life* (NL)

**FRIDAY 7 OCTOBER 2011****SESSION V  
Benefit Communications – How and when to communicate the science?**

Why people eat what they eat and how far communication can change that?

France Bellisle, *University of Paris 13* (FR)

Innovative products

Hans van Trijp, *Wageningen University* (NL)

Communication and consumer understanding of innovation

Peter Wennström, *Healthy Marketing Team* (UK)

How can EU policy "nudge" consumer behaviour towards the healthy choice and what science is needed to deliver the evidence base?

Jan Wollgast, *European Commission – Joint Research Centre* (IT)

**SESSION VI  
Future directions**

Nutrition 2020

Michael Fenech, *CSIRO Food and Nutritional Sciences* (AU)

**ABOUT ILSI AND ILSI EUROPE**

Founded in 1978, the International Life Sciences Institute (ILSI) is a non-profit, worldwide foundation that seeks to improve the well-being of the general public through the advancement of science. Its goal is to further the understanding of scientific issues relating to nutrition, food safety, toxicology, risk assessment, and the environment. ILSI is recognised around the world for the quality of the research it supports, the global conferences and workshops it sponsors, the educational projects it initiates, and the publications it produces. By bringing together scientists from academia, government, industry, and the public sector, ILSI fosters a balanced approach to solving health and environmental problems of common global concern.

ILSI Europe was established in 1986 to identify and evaluate scientific issues related to the above topics through symposia, workshops, expert groups, and resulting publications. The aim is to advance the understanding and resolution of scientific issues in these areas. ILSI Europe is funded primarily by its industry members.

**BACKGROUND AND OBJECTIVE**

This event is the third ILSI Europe Functional Foods International Symposium in the continuum of functional foods symposia. The latest was organised in 2007 in Malta, and brought together more than 350 experts from industry, academia and government.

The overall objective of the event is to review and debate recent advances in substantiation of health benefits of foods, covering the establishment but also the communication of innovative nutrition science.

**AUDIENCE**

This multidisciplinary symposium will be of interest to food scientists, food technologists, nutritionists, dieticians, consumer scientists, product developers and regulators from industry, academia and government involved in health, innovation, safety and quality of foods with certain health benefits.

**LANGUAGE**

The official language of the symposium will be English.

**POSTERS**

Participants are encouraged to submit abstracts to be considered for the poster sessions. Posters should cover work undertaken to investigate topics related to the symposium programme. Please submit your abstract of no more than 450 words to <http://bit.ly/er1M17> no later than **31 May 2011**.

Posters will be on display for the whole duration of the symposium.

**PROCEEDINGS**

The proceedings from this symposium will be published in the *European Journal of Nutrition*. Abstracts of presentations and posters will be distributed at the meeting.

**ORGANISING AND SCIENTIFIC COMMITTEE**

Dr. Jean-Michel Antoine, *Danone* (FR)

Prof. Arne Astrup, *University of Copenhagen* (DK)

Dr. Alessandro Chiodini, *ILSI Europe* (BE)

Dr. Sandra Einerhand, *Tate & Lyle Ingredients* (UK)

Prof. Susan Fairweather-Tait, *University of East Anglia* (UK)

Mr. Andreas Kadi, *Red Bull* (AT)

Dr. Michele Kellerhals, *Coca-Cola Europe* (BE)

Prof. Jürgen König, *University of Vienna* (AT)

Dr. Dominique Lacan, *Bionov* (FR)

Dr. Loek Pijls, *Nestlé* (CH)

Prof. Hildegard Przyrembel (DE)

Prof. Gerhard Reckemmer, *Max Rubner-Institut* (DE)

Dr. Ben van Ommen, *TNO Quality of Life* (NL)

Dr. Stéphane Vidry, *ILSI Europe* (BE)

**REGISTRATION**

Registration for the symposium can be made on line via the website: <http://www.ilsi.org/Europe/Pages/FFSympo2011Registration.aspx>

An official confirmation of registration will be sent to you by e-mail.

**REGISTRATION/PAYMENT DEADLINE:  
31 AUGUST 2011**

**Registration fee**

| Registration Fee (Euros)  | Registration before 31 July 2011 | Registration after 31 July 2011 |
|---------------------------|----------------------------------|---------------------------------|
| Industry participants     | 700 €                            | 800 €                           |
| Non-industry participants | 500 €                            | 600 €                           |
| Students <sup>(1)</sup>   | 250 €                            | 300 €                           |

<sup>(1)</sup> Limited number of places. Copy of Student Identify Card required.

