



PROGRAMME

Wednesday 5 October 2011

10.30-13.00 Registration

Overall Chair: G. Rechkemmer

Overall Co-chair: A. Kadi

Overall Rapporteurs: J. König, J-M. Antoine

SESSION I - Setting the scene

Chair: A. Astrup

Co-chair: L. Pijls

13.00-13.15 Welcome and overview L. Contor/G. Rechkemmer

13.15-13.45 What is health and what are health benefits, and what are they not? J. Milner

13.45-14.00 *Discussion*

14.00-14.30 Health economics and how nutrition contributes to it J. Van Emelen

14.30-15.00 Diets, foods and food constituents - Where lies the impact on health? A. Astrup

15.00- 16.00 **Coffee Break and Poster Session**

16.00-16.30 Functional foods with health benefits - approaches around the globe E.S. Tee

16.30-17.00 Evidence for health effects of what we eat: how to integrate findings from intervention and observational studies? P. van't Veer

17.00-17.30 Meta-analyses: how do they help and when can they not? L. Hooper

17.30-18.00 Assessing health benefits of diets in general population E. Feskens

18.00-19.00 **Poster Session**

Thursday 6 October 2011

SESSION II - Characterisation of food

Chair: J. Milner
Co-chair: L. Hooper

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| 08.30-09.00 | Complex foods - variability and required level of characterisation | K. Poutanen |
| 09.00-09.30 | Bioavailability, intake and status of nutrients and bioactive compounds | A. Cassidy |
| 09.30-10.00 | Interactions and synergies between bioactive compounds | B. Halliwell |
| 10.00-10.30 | Interactions between macronutrients | A. Lennox |
| 10.30-11.00 | Coffee Break and Poster Session | |

SESSION III - Markers and endpoints for health benefits

Chair: H. Przyrembel
Co-chair: D. Lacan

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| 11.00-11.30 | Markers as substitutes of clinical endpoints | E. Yetley |
| 11.30-12.00 | Micronutrients: markers of status to understand functions? | S. Fairweather-Tait |
| 12.00-12.30 | Ranges and plasticity in homeostasis | M. Müller |
| 12.30-13.00 | System biology approaches in nutrition and health research | B. van Ommen |
| 13.00-14.30 | Lunch and Poster Session | |

SESSION IV - Targeted nutrition - Testing benefits

Chair: B. van Ommen
Co-chair: S. Theis

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| 14.30-15.00 | Healthy ageing, inflammation and homeostasis | C. Franceschi |
| 15.00-15.30 | Impact on benefit testing, while targeting specific groups | T. Sanders |
| 15.30-16.00 | Individual variability and nutrigenetics | A. Minihane |
| 16.00-16.30 | Personalised nutrition: science and societal aspects | H. Daniel |
| 16.30 17.15 | Coffee Break and Poster Session | |



17.15-18.35 **DEBATE / PANEL Discussion**
Old and new diets: assessing the impact on health
(Benefits, risks and sustainability)

Moderator: **J. Davis**

Roundtable participants:

J. Dwyer, S. Fairweather-Tait, E. Feskens, B. van Ommen

18.35-18.45 Conclusion

20.00- Social dinner

Friday 7 October 2011

**SESSION V - Benefit Communications - How and when
to communicate the science**

Chair: H. Daniel
Co-chair: M. Kellerhals

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| 08.30-09.00 | Why people eat, what they eat - and how far communication can change that? | F. Bellisle |
| 09.00-09.30 | Innovative products | A. Fischer |
| 09.30-10.00 | Communication and consumer understanding of innovation | P. Wennström |
| 10.00-11.00 | Coffee Break and Poster Session | |
| 11.00-11.30 | New media in science communication | J. Wollgast |

SESSION VI Future directions

Chair: S. Fairweather-Tait
Co-chair: T. Hatzold

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| 11.30-12.00 | Nutrition 2020 | M. Fenech |
| 12.00-12.20 | Concluding remarks | G. Rechkemmer |
| 12.20 - | Closure | |

For further information, please contact:

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