

AJCN Supplement on Sugars and Health

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The Sugars and Health Workshop was convened in 2002 to bring together leading researchers and health experts to discuss the role of sugars and health. This supplement summarizes their thoughts on US guidance on sugars intake; hedonic aspects of sugars; satiety; weight control; insulin resistance; diabetes; CVD; and dental caries. Articles in the supplement are:

0. "Defining and interpreting intakes of sugars," M Sigman-Grant and J Morita
0. "The Scientific Basis of Recent US guidance on Sugars Intake," SP Murphy and RK Johnson
0. "Sugars: Hedonic Aspects, Neuroregulation, and Energy Balance," AS Levine, CM Kotz, and BA Gosnel
0. "Consumption of Sugars and the Regulation of Short-term Satiety and Food Intake," GH Anderson and D Woodend
0. "Sugars, Energy Metabolism, and Body Weight Control," WHM Saris
0. "Sugars and Starch in the Nutritional Management of Diabetes Mellitus," DE Kelly
0. "Sugars, Insulin Sensitivity, and the Postprandial State," M Daly
0. "Sugars, Hypertriglyceridemia, and Cardiovascular disease," SK Fried and SP Rao
0. "Sugars and dental caries," R Touger-Decker and C van Loveren

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