

Supplement on Behavior and Obesity Prevention

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_Title: Behavior Modification and Societal Change in the Prevention of Obesity

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Abstract: This special supplement to Obesity Research reviews and evaluates how various dietary and physical activity factors relate to weight management. The authors present what is understood about the complex biological, social, environmental, and economic factors that contribute to obesity. Their manuscripts also describe how these factors have changed over time and where the greatest research and dialogue is needed to treat and ultimately prevent obesity.

The supplement includes articles on:

- 0. "Behavioral Interventions for Obesity: Recognizing our Progress and Furture Challenges," _RR Wing
- 0. "Combating Obesity: Challenges and Choices," JC Peters
- 0. "The Changing Environment and Population Obesity in the United States," RW Jeffrey and J Utter
- 0. "Are Current Health Behavioral Change Models Helpful in Guiding Prevention of Weight Gain Efforts?," T Baranowski, K Cullen, T Nicklas, D Thompson, and J Baranowski
- 0. "Self-regulation of Energy Intake in the Prevention and Treatment of Obesity: Is it Feasible?" _M Lowe

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