

Registration

Register your participation by completing the registration form and returning it to the Symposium Secretariat. Registration form is available at our website.

REGISTRATION FEE	INDUSTRY	ACADEMIA & GOVERNMENT
Local Participant	RM 1350	RM 950
International Participant	USD 550	USD 350

* The registration fee includes participation in all scientific sessions, exhibit sessions, symposium materials, luncheon, and all refreshment breaks.

Payment of Registration Fee

Payment in US Dollar (USD)

- Payment by Singapore-drawn cheque or bank draft
- Cheque or Bank Draft should be made payable to 'ILSI Southeast Asia Region' and sent to:

ILSI Southeast Asia Region
9 Mohamed Sultan Road #02-01
Singapore 238959

- Bank information for payment via telegraph transfer to the following account:

ILSI Southeast Asia Region
DBS Bank - Towner Road Branch
6 Shenton Way
DBS Building Tower 2
Singapore 068809
Swift Code: DBSSSGSG
Acc. No.: 028-007348-8

- Please remit the exact amount (nett of all bank charges) to the account.

Payment in Malaysian Ringgit (RM)

- Only participants residing in Malaysia may make payment in Malaysian Ringgit.
- Payment can be made by cheque or postal order made payable to 'TES NutriHealth Strategic Consultancy' and sent to:

TES NutriHealth Strategic Consultancy
46 Jalan SS22/32
47400 Petaling Jaya,
Selangor DE, Malaysia
Tel: 03-77 287 287 Fax: 03-77 287 426
Email: nutrihealth.tes@myjaring.net

- Outstation cheques should include the required commissions. Government agencies may make payment through local purchase order (LPO).
- Bank information for direct bank transfer to the following account:

TES Nutrihealth Strategic Consultancy
Public Bank Berhad
Acc. No: 3-1262468-29

Early Bird Discount!

Register before August 31, 2010 and receive a 5% discount on the registration fee.

NUTRITION & COGNITION



TOWARDS RESEARCH AND APPLICATION FOR DIFFERENT LIFE STAGES

October 19 - 21, 2010

Renaissance Hotel, Kuala Lumpur, Malaysia

Refund Policy

Requests for refunds submitted before September 15, 2010, will be honored less bank processing charges and 30% administration fees. No refunds will be given thereafter.

Symposium Secretariat Office

ILSI Southeast Asia Region, 9 Mohamed Sultan Road #02-01, Singapore 238959
Tel: 65-6352 5220 Fax: 65-6352 5536 Email: nutritioncognition@ilsisea.org.sg
Website: http://www.ilsis.org/SEA_Region/Pages/NutritionCognition.aspx

Organized by



International
Life Sciences
Institute (ILSI)
Southeast Asia
Region



The Nutrition
Society of
Malaysia

In collaboration with



Commonwealth
Scientific and
Industrial Research
Organisation

Background

Can what we eat affect the development of our brain and our cognitive functions? Cognitive functions refer to the complex processes by which we perceive, evaluate, store and use information from external sources (our environment) and internal sources (our experience, memory, thoughts, etc), and how we respond to this information. Advances in research have increasingly shown that nutrition may play a crucial role not only in the physiological development of our brain even before birth, but also the development of our cognitive functions, mental performance and behavior throughout life. Increased longevity in many societies leading to larger elderly populations has also spurred research on nutrition for maintenance of cognitive performance and prevention of cognitive degeneration.

Vitamins and minerals serve as precursors in the formation of neurotransmitters and the composition of nerve cells. Food also provides the needed energy for proper brain metabolism and function. The potential for nutrition intervention to influence cognitive development from prenatal conception to cognitive performance at the later life stages is of great interest to researchers, food and beverage producers as well as consumers. In this respect, there is the need to establish evidence-based benefits of nutrients and food components for optimizing cognitive functions that can be substantiated through appropriate assessments tools. However, despite the wide availability of methodologies and tools, many gaps and challenges remain in detecting and validating nutritional influences on cognitive functions.

Objectives

This comprehensive 2 1/2-day Symposium, will:

- Share the state-of-the-art knowledge on the relationship between nutrition and cognition
- Highlight current methodologies in assessing cognitive functions, and explore their applicability for different population groups and life stages
- Discuss issues relating to scientific substantiation of claims in the area of nutrition and cognition
- Consider consumer understanding of nutritional influences on cognition

While research in the developed countries is on the rise, nutrition and cognition is a newly emerging field of research in Asia. Through our global network, ILSI SEA Region will bring together scientists, researchers and experts in an exciting forum to initiate discussion, advance understanding, spur research and inspire applications, with specific focus on Asian populations.

Who Should Attend

Researchers, academia, dietitians, nutritionists, food industry personnel, government and regulatory officials, and those who wish to find out the current information on nutrition impact on cognition

Topics to be Covered

- Overview of cognition and the influencing factors of cognitive functions
- Role of nutrition in cognitive development from conception to childhood
- Role of nutrition in cognitive performance and cognitive degeneration in adult and elderly
- Assessment of nutritional impact on cognitive functions for different age groups
- Regulatory and industry perspectives in scientific substantiation of nutritional influences on cognition
- Consumer understanding on cognition and the role of nutrition on cognitive function

Poster Session

A poster session will provide researchers with an excellent opportunity and platform to share their research interests, and present their studies and findings. Those interested in presenting a poster are welcome to submit an abstract to the Symposium Secretariat by **September 30, 2010**. Please visit our website for abstract guidelines and submission details. Authors will be notified of the outcome of their submissions two-weeks after receipt of abstract. Posters of registered participants will be included at the symposium.



- ★ Presenters of accepted posters will enjoy a 10% discount on the Symposium registration fee.
- ★ Recognitions and awards will be awarded to selected best posters.